

SPECCHIO

NEWS LETTER

Volume X

JUNE 2025



**NIRMALA ARTS AND SCIENCE COLLEGE
MULANTHURUTHY**

(AFFILIATED TO MAHATMA GANDHI UNIVERSITY, KOTTAYAM)

Accredited by NAAC with B++ Grade

FOUNDER



VERY REV. O.C. KURIAKOSE KOR-EPISCOPA

Very Rev.O.C.Kuriakose kor- Episcopa is the founder of Nirmala Charitable Trust and all Educational Institutions under the trust. He was a great visionary. Educational activities of the Nirmala Charitable Trust were started in the year 1956 with the functioning of a primary school at Thalacode in Chottanikkara Panchayat. The school was further upgraded into Upper Primary, High School and Higher Secondary levels in subsequent years of its inception. Very Rev. O.C. Kuriakose, was also the headmaster of the school. He was honoured with best teacher award by the Government of Kerala. On 2nd February 1993, V.Rev.O.C. Kuriakose Kor-Episcopa entered his heavenly abode. The trust also started Nirmala Training College, a teacher education institution, affiliated to Mahatma Gandhi University, Kottayam in 2005 and started functioning in 2007.

Message



MR. GEORGE KURIAKOSE
Manager

As we launch this new issue of our News Letter Specchio, I'm excited to share my thoughts on the importance of Nirmala Arts and Science College and the role that Specchio plays in shaping the conversation.

Our mission is to encourage connectivity between research, technology and employability. It is indeed a matter of great pride to note that our college has made outstanding progress in academic, co- curricular and extra- curricular activities steadily in its 18 years of service to the society. We believe that this News Letter is an essential part of this mission, providing a platform to share our stories, insights, and expertise.

Our team has worked tirelessly to bring you the most relevant and engaging content, and I'm confident that you'll find it informative and thought-provoking. I'd like to take this opportunity to appreciate the contributors, and team members for their support and hard work.

I hope you enjoy this issue and look forward to hear your thoughts.

Best Wishes

Message



PROF. DR. MINI K D
Principal

As we begin a new academic year, with great pride and pleasure I present to you the X edition of our college News Letter, Specchio. This publication is the reflection of our culture of academic rigor, creativity and inclusivity.

Our college offers a wide range of programmes and activities that cater to diverse interests and talents. We encourage our students to explore their passions, develop their skills and take on leadership roles. Our faculty and staff are committed to provide guidance, support, and mentorship to help our students achieve their goals. We strive to create a community of scholars who are passionate about learning, innovative in their thinking and dedicated to make a positive impact in the world. We believe that education is not just about academics, but also about developing whole person- intellectually, emotionally and socially.

I extend my sincere gratitude to the editorial team, contributors and all those who played an integral role in bringing this edition of the Newsletter to life.

I am confident that its pages will inspire, inform and engage all the readers. With optimism for the future of our institution, I eagerly look forward to the collective achievements that await us in the journey ahead.

Best wishes

Message



PROF. DAISY N.O.
Dean

I hope this newsletter finds you well. As we continue to navigate the challenges and opportunities of our academic community, I wanted to take a moment to express my gratitude for the Almighty and all the Nirmalates.

Our institution is built on a foundation of excellence, innovation, and collaboration, and I am constantly inspired by the dedication and passion of our community. From cutting-edge research to exceptional teaching, and from student achievements to community engagement, there is so much to be proud of.

In this newsletter, we highlight some of the remarkable work being done across our campus including both academic and co-curricular activities. I hope you find the updates informative and engaging.

Thank you for being part of our vibrant community. I look forward to seeing the great things we will accomplish together.

Best regards

WORLD ENVIRONMENT DAY CELEBRATION



National Service Scheme Unit No 113 in association with Environment Conservation Cell of Nirmala Arts and Science College, Mulanthuruthy celebrated World Environment Day on 5th June 2024. The cell took initiative in planting agricultural crops in the college premises. The ceremony was inaugurated by Manager Mr. George Kuriakose. Principal Dr. Geetha C A and Dean Prof. Daisy N O addressed the gathering. The students and staff

actively participated in the programme and saplings were planted by Manager Sri George Kuriakose in the college premises. Plastic pollution permeates every corner of our planet—even in our own in the form of microplastics. So World Environment Day calls for collective action to tackle plastic pollution. By drawing inspiration from nature and showcasing real-world solutions, this programme encouraged students to adopt sustainable practices that drive systemic change. The programme was concluded by a vote of thanks delivered by Gopika Dileep, NSS Volunteer.



VINJANOLSAVAM

2024-2025



The Vinjanolsavam 2024, a launching ceremony of the FYUGP (Four Year Undergraduate Programme) was on July 1, 2024. The event was meticulously planned and executed, with various activities and speeches that underscored the importance and novelty of the new educational programme. The Four Year UG Programme inauguration ceremony was held at both state and college level. The state level programme was unveiled by Hon. Chief Minister, Shri. Pinarayi Vijayan and the institutional level programme was inaugurated by Shri. George Kuriakose, Manager. Following the formal proceedings, the event was enriched with vibrant cultural programmes, showcasing the talents of the students. An orientation class for the new FYUGP students and their parents was conducted by Mr. Eldho Peter, Nodal Officer and Head of the Department of Computer Application providing valuable insights into the curriculum and expectations of the programme. From noon onwards, attendees had the opportunity to witness the live streaming of the state-level FYUGP launching ceremony, further connecting the college community with the broader educational landscape. It was marked as the beginning of an exciting new chapter in the academic journey of Nirmala Arts and Science College. The event was a resounding success, reflecting the institution's commitment to excellence and innovation in education.

MOTIVATION SPEECH ON STRESS MANAGEMENT

On 8th July 2024 an induction programme was organized for first year students. The students were privileged to attend a motivational speech on stress management delivered by esteemed resource person Dr Civy V Pulayath, Motivational speaker and Life coach. The session commenced with an engaging introduction, which emphasized the prevalence of stress among students and its impact on academic performance and overall well-being. The resource person highlighted practical strategies for management of stress; mindfulness techniques, time management skills, and how to maintain a balanced lifestyle.



INVEST IN YOURSELF



Nirmala Arts and Science College, Mulanthuruthy, hosted a session on personal wellness, "Invest in Yourself," led by Dr. Beena Job, retired Associate Professor from St. Theresa's College, Ernakulam, as part of the induction program for first-year students on July 24, 2024. The session provided valuable guidance on prioritizing personal wellness, managing stress, and cultivating a fulfilling life, equipping students with essential life skills to navigate academic and personal challenges.

Transferring Students

POWER OF YOUTH SEMINAR

On 9th July an induction programme was organized for the first year students. The students were privileged to attend an inspiring session by the esteemed resource person Mr Sam Sunny – Corporate trainer and Business Coach. The event began with a warm welcome by Mr. Lalu P Joy, Head of the Department Social work. The programme was inaugurated by Dr. C.A. Geetha, Principal of Nirmala Arts and Science College, followed by a felicitation by Prof. Daisy N.O., Dean of Nirmala Arts and Science College. The students were engaged with many activities which were helpful to improve the confidence and communication skill among them. He narrated many real life incidents to motivate the students for improving their academic as well as interpersonal skills.



BLOOD DONATION CAMP



In association with Indian Medical Association and HDFC Bank ,NSS Unit 113 and Red Ribbon Club of Nirmala Arts and Science College, Mulanthuruthy conducted a Blood Donation Camp on 16th August 2024 at 10:00 am. The programme was inaugurated by Principal Dr. C A Geetha. Mr. Deepu G, HoD of the Department of English addressed the gathering. Around 35 students donated blood. Blood donation is a selfless act wherein a person willingly donates a portion of their blood to aid others in need. This selfless act has the potential to save innumerable lives while also having a substantial impact on the healthcare system.

Art of Music

MUSIC THERAPY



On 11th July 2024, as a part of students induction programme Nirmala Arts and Science College organised a programme Art of Music :Music Therapy. The event began with a warm welcome by Mrs. Sona Octavia, Head of the Post Graduate Department of Psychology. The programme was inaugurated by Dr. C.A. Geetha, Principal, Nirmala Arts and Science College. Prof. Daisy N.O., Dean of the institution delivered felicitation . The highlight of the event was an insightful session on music therapy, led by the renowned composer and music director, Mr. Alex Paul. His presentation focused on the therapeutic benefits of music, illustrating how it can be used to enhance emotional well-being and reduce stress. It was an engaging session which captivated the students, providing them with a unique and enriching experience. The combination of physical exercise and music therapy made for a holistic and memorable day, offering both relaxation and rejuvenation to all participants.



COLLEGE UNION 2024-2025



The College Union Election was conducted as per the MGU election notification under the supervision of an expert election panel headed by the Principal Dr. C A Geetha on 17th October 2024 through Parliamentary mode of election.

Know **YOUR EYE**



An eye exam checks eyesight, vision and eye health. This noninvasive process is something that everyone needs, not just people who need glasses or contacts. NSS Unit 113 and Health, Sports and Yoga Club in association with Lotus Eye Hospital, Mulanthuruthy conducted Free Eye Check Up Camp on 2nd September 2024 at 10:00 am. The venue of the programme was College Main Auditorium. The camp was organized for staff, students and natives of Mulanthuruthy.



Many people from the Mulanthuruthy Grama Panchayath participated in the camp and made it a huge success.

A Drive For **GREEN, CLEAN AND SAFE FOOT PATHS**



NSS Unit 113 participated in an awareness campaign which aims to spread awareness about pedestrian safety. The programme was coordinated by the Pedestrian Facilitation Council (TPFC). Every year on Gandhi Jayanthi Day TPFC organizes social events involving people from all walks of life for maintaining the cleanliness of footpaths. After the official meeting a procession was organized with the slogans for green, clean and safe foot paths from Sree Poornathrayeesa parking ground to Vadakekotta Metro Station. A cleaning drive also was organized by TFPC with the assistance of NSS Volunteers from Sree Poornathrayeesa parking ground to Vadakekotta.

DECLARATION OF NASC *As* **GREEN CAMPUS**

Nirmala Arts and Science College received the prestigious Green Campus Certificate from Mulanthuruthy Grama Panchayath. The programme started with NSS Geetham. Mr Deepu G, NSS Programme officer welcomed the gathering. Mr. George Mani Pattacherill, Vice President, Mulanthuruthy Grama Panchayath presided over the function and Mrs. Mariamma Benny, President Mulanthuruthy Grama Panchayath. Mr. George Kuriakose received the certificate from Mulanthuruthy Panchayat President. Ms. Mariamma Benny inaugurated the function. This recognition is a testament to our commitment to excellence and sustainability. Our institution has secured A+ Grade in demonstrating exemplary and efficient practices adhering green protocol in the field of waste management, water security, energy and biodiversity conservation. The programme was concluded with a vote of thanks by Ms. Reshma R Nair, NSS Programme officer.



SAY NO TO DRUGS ORIENTATION

Drug addiction among the youth has become a worldwide problem in the modern times. It is a threatening social concord. Observing the rampant increase in the rate of drug addiction the government of India has taken an initiative to motivate the future leaders of the society to 'SAY NO TO DRUG, YES TO LIFE'. The Anti Narcotic cell in association with sports health and yoga club and National Service Scheme unit no 113 conducted an awareness session on the topic “Say No to Drugs” on 4th November 2024 to raise an awareness among the students against the drug abuse. Mrs Neethu S.the convener of anti narcotics cell welcomed the gathering. The resource person of the session was Mr. Babu John P., Sub Inspector of Police, AR Camp ,Tripunithura. The speaker enlightened the students on the influence of social media, gadget addiction and drug abuse and also discussed counselling options available for drug addicts. The class was useful and thought provoking for the First Semester Students who were the audience for the session.



CAN: COMMERCE ASSOCIATION INAUGURATION

The Post Graduate Department of Commerce of Nirmala Arts and Science College, Mulanthuruthy inaugurated the Commerce Association on 23rd August 2024 at 1.00 PM. The session began with prayer. Mr. Bitto Paul Head of the department, PG Department of Commerce welcomed the gathering. Manager Mr. George Kuriakose, delivered the presidential address. Principal Dr. Geetha C A addressed the gathering and shared some valuable thoughts regarding the need of Commerce Association. Asst. Prof of the Department Ms. Abigail Ann Clements introduced the resource person for the session and shared some of her valuable insights. The association was inaugurated by Mrs. Teresa Charmaine Cleetus, FCBA Kerala Chapter Secretary. She addressed the gathering and covered the role of Commerce Association in the present scenario. The session was really engaging and interacting. Dean Prof. Daisy N.O and Vice Principal Dr. Murali E felicitated the gathering. The session concluded by the vote of thanks proposed by Ms. Devika Raj, Secretary of Commerce Association.



UNION BUDGET DISCUSSION 2024



A panel discussion and presentation on Union Budget 2024 was conducted on 22nd August, 2024 in the 3rd Year B Com Class room at 11.00 AM .The programme was inaugurated by HOD Mr. Bitto Paul. Final Year UG students participated in the discussion and a power point presentation competition was also done by dividing the students into 8 teams. The Union Budget 2024-25 is development oriented and focussed towards 'Viksit Bharat 2047' goal. It is having something for every citizen of India. Priority is given to the middle class in the Union budget and tax exemption is given which is a big relief for the common people of the country. The winner of the competition was Team 4- Elba Daison, Adarsh, Anna Benny, Harris Rainy, Nived and Sandra

'SHEROS': DANCING TOWARDS JUSTICE

The Postgraduate Department of Psychology organized an attitude-building programme, "SHEROS: Dancing Towards Justice," on 4th September, 2024 on behalf of World Sexual Health Day. It is a global event focused on raising awareness about sexual health, rights, justice, and pleasure. The day is organized by the World Association for Sexual Health (WAS) and aims to promote social awareness of sexual health across the globe. The theme of World Sexual Health Day this year is 'Consent!', recognizing the importance of consent and mutual respect when it comes to sexual encounters. People should have complete and accurate information so that they can make informed choices when it comes to their sexual and reproductive health. On this occasion a theme-based dance performance by Psychology students raised awareness about girls' safety and justice among the entire college community. The programme concluded with a pledge and signature campaign to encourage students to support gender justice.



INSTITUTIONAL VISIT TO

KUSUMAGIRI MENTAL HOSPITAL, KAKKANAD



As part of the curriculum, Postgraduate Psychology students visited Kusumagiri Mental Hospital, Kakkannad, to gain clinical exposure and understand multi disciplinary approaches in mental health care. Students observed various departments including occupational therapy, psychiatric wards, speech therapy, and rehabilitation units. They also visited specialized institutions like the Autism School and Nirmala School for Exceptional Children in order to gain insight into therapeutic and educational interventions. The visit offered valuable practical experience, deepening students' understanding of mental health care systems and the importance of empathy and collaboration in clinical practice.



CASIN : BCA ASSOCIATION DAY *Celebration*

The Association Day Celebration of Department of Computer Application took place on 15th October 2024, marked as a significant occasion for students and staff alike. This annual event aims to foster a sense of community, celebrate the achievements of the department, and showcase the talents of our students. One of the student representatives presented the department activities for the academic year 2022-2023, after which the department's newsletter for the year 2022-2023, INSIGNIA Vol. III, was published. Prof. Daisy N. O. launched a promo video for the upcoming events for the association celebration week, titled SPECTRA, featuring activities such as an AI and Robotics Expo, Gaming, Virtual Reality, Tech Talks, and a Hardware Expo. Invited guest Mr. Joy Sebastian, CEO and Co-founder of Techgentsia, shared valuable insights about the future scope of IT careers and technological revolution.

DIGITAL SOCIETY DAY *Celebration*



On October 18, 2024, the Department of Computer Applications organized an engaging programme for school students in celebration of Digital Society Day at Nirmala College of Arts and Science, Mulanthuruthy. Students from near byschools visited our campus and actively participated in discussions on the theme Digital Society and its Future. Their enthusiasm was palpable as they explored how technology impacts daily life and society as a whole. As part of the event, students engaged in hands-on activities, including crafting items from e-waste in an effort to promote e-waste recycling. They also received valuable insights into basic computer hardware and its applications. Additionally, attendees had the opportunity to explore our hardware museum and the Robo Expo, which were part of our activity-oriented program, SPECTRA 2K24. The event was a great success, fostering curiosity and awareness about technology and its role in shaping the future.

MINI TECH FEST – **SPECTRA** **2K24**



Department of Computer Application organized “Spectra 2k24” on 18th October 2024. The programme was officially inaugurated by the Manager Mr George Kuriakose and keynote address by Dean Prof. Daisy N O. The programme was a series of Events which included AI and Robotic Expo, gaming, Virtual Reality, Tech Talk, Hardware Expo and Coding Skill enhancement programme. Attendees witnessed demonstrations of AI-powered robots performing tasks such as object recognition, autonomous navigation, and simple conversational interactions. The coding segment involved a hands-on workshop where participants were introduced to coding techniques in basic web application development languages such as HTML, AJAX, CSS etc “Spectra 2k24” was a remarkable success, showcasing the innovative spirit and technical prowess of the Department of Computer Application.

MANIR: BBA ASSOCIATION DAY INAUGURATION



The inaugural ceremony of the Management Association of Nirmala college MANIR was held on 1st October 2024 at the Seminar Hall. College Manager Mr. George Kuriakose Chief Guest, Dr. Arun Dev P R, Department Head Mrs. Ashitha Ashok C, and all members of the staff from the Department of Management studies were present at the function. The function started at 11:00 AM with a prayer song. Ms. Pavithra Praveen welcomed the gathering. College Manager Sri. George Kuriakose delivered the presidential address, and the Chief guest Dr. Arun Dev P. R. inaugurated the function by lighting the lamp. In his inaugural address, he showered words of inspiration and guided students to create their own identity. Mrs. Ashitha Ashok C (HOD) felicitated at the function. Ms. Angel Sajan II year BBA delivered the vote of thanks. The function came to an end by 12:00 pm.

INDUSTRIAL VISIT

On 16th October, 2024, the Department of Management Studies organized an industrial visit for third-year BBA students to Synthite Industries Private Limited in Kadayirippu. This visit aimed to provide



students with firsthand exposure to industrial culture and practices. During the visit, students engaged with industry professionals, gaining insights into the operations, management

strategies, and innovations implemented within the company. They also explored various production processes, enhancing their understanding of the practical applications of their academic learning. The experience fostered a deeper appreciation for the complexities of the industrial sector and inspired students to consider future career opportunities in this dynamic field. Overall, the visit was both educational and enriching, contributing significantly to the students' professional development.

INDIA INTERNATIONAL INDUSTRIAL EXPO *Visit*



An India International Industrial Expo Visit was organized on 13th December 2024 at the KinfraInternational Exhibition Cum Convention Centre, Kochi. The purpose of the visit was to provide participants with exposure to the latest industrial innovations, technologies, and business opportunities from across the country and beyond. A total of 25 students from 2nd year BBA attended the expo visit, guided and coordinated by Ms. Sheena T.C., Ms. Ashly Jose, and Ms. Anupriya S. Raju. The expo featured a wide range of industries including manufacturing, engineering, automation, IT, renewable energy, and start-ups. Participants had the opportunity to interact with industry experts, explore advanced machinery, new products, and emerging technologies.

JEEVANA 2024 5 DAYS RURAL CAMP



Rural exposure programme helps the students to reflect on social inequalities and visualize their role in tackling social issues. Students are encouraged to interact with the villagers, SHG's, School children, PDO and Panchayat members. Students conduct awareness programs, Socio economic survey, sports and perform cultural activities for the school children. The Postgraduate Department of Social Work organised Jeevana 2024 – 5 days rural camp on the Community Hall of Thavinjal Panchayat from 2nd October 2024 to 6th October 2024 for the first year MSW Students. The Jeevana 2024 has been inaugurated by Ms. Elsy Joy, President of Thavinjal Panchayat. Students conducted cultural programmes for the community every day.

SAMANWAYA

INTERNATIONAL CONFERENCE AND STUDENT MEETS

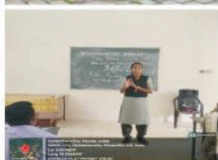
Social work trainees attended the Samanwaya International Conference and social work students meet held at Christ College Autonomous Irinjalakuda on 14th and 15th February 2025. Four trainees participated. They attended the panel discussions, interacted with the othersocial work professionals and participated in various competitions organised by the Zravas team.



PR CAMPAIGN AND MERAKI ASSOCIATION INAUGURATION

PR campaign emphasises specific, measurable goals that guide public relations efforts, aiming to shape public perception, build brand awareness, and enhance reputation. These objectives are crucial for ensuring that PR activities align with overall business goals and deliver tangible results. The Department of English organised the inauguration of PR Campaign on 29th August 2024. On this

occasion the PR logo was revealed by the Manager Mr. George Kuriakose in the presence of the Principal Dr. Geetha CA and Dean of the institution Prof. Daisy NO. It was followed by a Flag hoist, an Orientation Class on the theme "Domestic Violence" led by Mr. Lalu P Joy (HoD, the Department of Social Work), Poster Making and Public Speech competitions.



FASHION SHOW

The Department of English organised a fashion show on the theme Western Style on 30th August, 2024 at college auditorium. Fashion show takes the form of installations, where the models are static, standing in a constructed environment. A wide range of contemporary designers produce their shows with elaborate settings and added elements such as live music and pre-recorded video backdrops. The order in which each model walked out by wearing a specific outfit. Students from various departments participated. Mr. Akish Liju of III BCA won title Mr. Nirmala title and Ms. Sneha Rajiv of II Bsc. Psy won the title of Miss Nirmala



TALENTS DAY

The Fine Arts & Literary Club of Nirmala Arts and Science college Mulanthuruthy conducted Talents 'day on 14th August 2024 in the college auditorium. The Talent Day event for first-year students was a resounding success, showcased the diverse range of talents and creativity among our new students. This event was organized to provide a platform for students to exhibit their unique skills and to foster a sense of community and camaraderie among them. The event which started at 12:00 pm was rich with items including dance, song, mime etc. The event saw participation from more than 90 first-year students, each eager to display their talents. The audience created an encouraging and supportive atmosphere.



AVESHAM

ONAM CELEBRATIONS

The Fine Arts & Literary club of Nirmala Arts and Science College Mulanthuruthy conducted the Onam Celebration 'AVESHAM' on 12th September 2024 at the college courtyard. The Onam celebration was a vibrant and joyous occasion, reflecting the true essence of Kerala's rich cultural heritage. The programme started at 9:30 am with a flashmob, followed by Vanchipattu competition and Kaikottikali competition by various departments. The Mahabali's visit was accompanied by several attractions including Chendamelam. Various Onam games such as Uriyadi (a traditional pot-breaking game), Tug of War were organized for students. A delicious feast was arranged for the students and faculty members.



FELIZ NAVIDAD –

CHRISTMAS CELEBRATIONS

The Fine Arts & Literary Club of Nirmala Arts & Science College Mulanthuruthy conducted the Christmas Celebration FELIZ NAVIDAD-2024 on 18th December 2024 at the college auditorium. The celebration provided a warm and inviting atmosphere, contributing to the overall festive spirit. Greeting card making competition, Letter writing competition, carol song competition, cribmaking competition, group dance, food fest, Santa Claus competition etc. added colour to the event. The Celebration was a splendid event with the participation from all the Nirmalites. The programme was well-received, eliciting smiles and applause. The Christmas celebration was a resounding success, fostering a sense of community and spreading holiday cheer.



CHILAMBU ARTS FEST

The Inter- departmental competitions CHILAMBU 2024-25 was conducted on 27th to 31st January 2025 in various venues. The competitions like Poster making, spot painting, Carnatic music, Mappilappattu, Light music and Spot Act were conducted on 27th January 2025. Collage, Clay modelling, Instruments competitions were conducted on 28th January 2025. Folk dance, semiclassical dance, nostalgic dance, classical dance single and, skit, spot dance (single), mime, mono act, and mimicry were the main stage items conducted on 29th and 31st January 2025 in the college auditorium. The Department of Computer Applications succeeded the overall champions in Arts.



INTER COLLEGIATE FOOTBALL TOURNAMENT

Nirmala Arts and Science College Mulanthuruthy football team participated in the intercollegiate football tournament organized by St Albert's College, Ernakulam. The college football team under the leadership of Abhijith Murali BCA 3rd year won the first match against St Alberts with a scoreline of 4-0 and unfortunately lost in the next round by the scoreline 2-1.





Nirmala Arts and Science College Mulanthuruthy football team participated in the intercollegiate 7's football tournament organized by Jai Bharath school of management studies, Perumbavoor. The college football team under the leadership of Abhijith Murali BCA 3rd year won the first round match of 64 teams against Al Azhar law college with a scoreline of 2 - 0. In the next round of 32 our football team faced and won against TMG College Tirur in penalty shootout and in the prequarter we defeated BMC College Choody and ended campaign in quarter finals.

INTER COLLEGIATE 5'S FOOTBALL TOURNAMENT NIRMALA CUP 2024



The Department of Physical Education in association with Sports, Health, Yoga Club and NSS Unit 113 conducted Inter Collegiate 5's Football Tournament on October 8th and 9th in college ground. The event was inaugurated by Mr. George Kuriakose, Manger Nirmala Arts and Science College Mulanthuruthy and felicitation was given by Dean of the Institution Prof. Daisy N O. The event was sponsored by Lakshya, Bhima Jewels, Royal Enfield and many other ventures. The aim of this event was to promote teamwork and healthy competition among the students. Out of 18 registered teams registered, the winner of Nirmala Cup 2024 was St Marys college Thuruthipilly and the Runnerup was SS College Poothotta. The best player was Mr. Ashin S and the best Goal Keeper of the event was Mr. KS Shadeed Ahmad of St Marys college Thuruthipilly. The Intercollegiate Football Tournament was a resounding success, showcasing exceptional talent, team work and sportsmanship.

Inauguration Of CRICKET ACADEMY

Sports Health And Yoga Club in association with B-Win Sports Arena organised the grand opening of cricket academy in Nirmala Arts And Science College, Mulanthurthy collegeground on 11 th January 2025 10:00am. Chief guest of the Inaugural ceremony was Dr. Vaibhav Saxena IPS District Police Chief, Ernakulam. Manager of the college, Mr. George Kuriakose, Dr. Geetha C A, Principal, Mrs. Mariamma Benny, Mulanthurthy Grama Panchayat President, Mr. Rethesh Mulanthurthy Standing Committee Chairman, Mrs. Lathika Anil Ward Member, Mr. Maneesh Poulose Inspector Of Police Mulanthurthy, Prof. Daisy N O, Dean of the college and Mr. Ajin Kuriakose, Sports Health and Yoga Club Convenor were present throughout the meeting. Training sessions are controlled by head coach Mr. Pratheesh Haridas former KCA senior Academy and MG University Coach. Facilities provided by the cricket academy are:

- Open ground sessions
- Open nets sessions
- Indoor nets sessions
- Fitness sessions
- Practise matches
- University, college, school, district and state level matches appearing



GALLERY

OUR FASHION TYCOONS



ACHIEVEMENTS.....

NIRMALA
ARTS & SCIENCE COLLEGE, MELAPURAYANAM
 INTEGRATED TO BRITISH INDIAN UNIVERSITY, KANNUR
 Accredited By NAAC With 'B' Grade

ഭാവന
 CONGRATULATIONS




MEERA MADHU
 ESSAY WRITING - ENGLISH
A Grade

COLLEGE ADDRESS: 2024-25

NIRMALA
ARTS & SCIENCE COLLEGE, MELAPURAYANAM
 INTEGRATED TO BRITISH INDIAN UNIVERSITY, KANNUR
 Accredited By NAAC With 'B' Grade

ഭാവന
 CONGRATULATIONS



SAM GEORGE ANTONY
 POETRY WRITING - ENGLISH
A Grade

COLLEGE ADDRESS: 2024-25

NIRMALA
ARTS & SCIENCE COLLEGE, MELAPURAYANAM
 INTEGRATED TO BRITISH INDIAN UNIVERSITY, KANNUR
 Accredited By NAAC With 'B' Grade

ഭാവന
 CONGRATULATIONS



KARTHIK K MARAR
 PERCUSSION INSTRUMENT - EASTERN,
A Grade

COLLEGE ADDRESS: 2024-25

NIRMALA
ARTS & SCIENCE COLLEGE, MELAPURAYANAM
 INTEGRATED TO BRITISH INDIAN UNIVERSITY, KANNUR
 Accredited By NAAC With 'B' Grade

ഭാവന
 CONGRATULATIONS



UTHARA PURUSHOTHAMAN
 KAVITHAPARAYANAM
A Grade

COLLEGE ADDRESS: 2024-25

NIRMALA
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ഭാവന
 CONGRATULATIONS



ANJIMA E M
 KERALANATANAM
A Grade

COLLEGE ADDRESS: 2024-25

NIRMALA
ARTS & SCIENCE COLLEGE, MELAPURAYANAM
 INTEGRATED TO BRITISH INDIAN UNIVERSITY, KANNUR
 Accredited By NAAC With 'B' Grade

ഭാവന
 CONGRATULATIONS



POOJA SHIBU
 FOLK DANCE
A Grade

COLLEGE ADDRESS: 2024-25

ACHIEVEMENTS.....



NATIONAL SERVICE SCHEME UNIT No. 113 A & B

മഹാത്മാഗാന്ധി യൂണിവേഴ്സിറ്റി നാഷണൽ സർവീസ് സ്കീമിന്റെ

ADVENTURE CAMP

ലേക്ക് തിരഞ്ഞെടുക്കപ്പെട്ട എൻ എസ് എസ് വോളന്റിയേഴ്സ് !!

Aadith Jayachandran & Abhishek Vishnu

ബഹുമാൻ മെമ്പർ ഇൻ്റീവ്യൂട് ഓഫ് ആർട്സ് & സയൻസ്, ബാലഗംഗാ, ഇടുക്കി

ജനുവരി 21 - 23



NATIONAL SERVICE SCHEME UNIT NO.113



Hearty Congratulations

Ms.Devika Raj
B.COM Finance & Taxation



COLLEGE UNION 2024-25

VANCHIPATTU A GRADE



NIRMALA CHAMPIONS.....



BON VOYAGE.....



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