



# **NIRMALA ARTS AND SCIENCE COLLEGE**

(Affiliated to Mahatma Gandhi University, Kottayam)

## **SPORTS, HEALTH AND YOGA CLUB**

### **ANNUAL SPORTS MEET 2022**

Date	:	28 <sup>th</sup> February 2022	
Chief Guest	:	-	
Events Organized	:	<b>Sl. No</b>	<b>Event</b>
		1.	Badminton (Boys and Girls – Doubles)
		2.	Cricket
		3.	Football
		4.	100m
		5.	200m
		6.	400m
		7.	Relay 4x100
		8.	Discus throw
		9.	Javelin throw
10.	Shot put		
Person in Charge	:	Deepu G	

#### **Brief Report**

Nirmala Arts and Science College celebrated Sports Day on 28th February 2022. Prior to the sports day first and second round of various games (Cricket, Football, and Badminton) were conducted during Feb 23 to 25. The sports day was conducted successfully with the support and guidance of Manager Sri George Kuriakose, Dean Prof. Daisy NO, Principal Dr. Geetha CA and Vice Principal Dr. Murali E. The sports Day was coordinated by Physical Education Instructor Desmond Tudu, Sports in charge Assistant Professor Deepu.G, Sports conveners Mr. Adithya Mahadevan & Mr. Sreekuttan (B.com CA). The sports day was celebrated by students zestfully and after fierce competition the Department of Psychology was adjudged Sports Runners-up of 2021-2022 with 67 points, the Department of Commerce won the Overall Sports Championship Trophy 2021-2022 with 116 points.

#### ***List of Participants (Winners)***

1. **Cricket Man of The Series** – Vishnu Jayan (Bba)
2. **Best Player Football** – Alan V L (Tax)
3. **Best Goal Keeper Football** – Akash P S (B.Sc Psychology)
4. **Best Athlete Male** - Adithya Mahadevan C B (B.Com Ca)
5. **Best Athlete Female** – Amrutha Biju (M.Com)



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### *Glimpses*





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### **Major Achievements**

#### **1. Football**

The Nirmala Arts and Science College Mulanthuruthy won the first round of football this year. The first match was against STAS Edapally College at Ambedkar Stadium on 24<sup>th</sup> November 2021. Nirmala Arts and Science College won by 2-1 against STAS Edapally. Adithyamahadevan and Vimal scored for Nirmala Arts and Science College. The second-round match was against UC College Aluva on 25<sup>th</sup> November 2021 at UC College ground. The UC College beat Nirmala Arts and Science College by 5-0 goal margin.



#### **2. Cricket**

The Nirmala Arts and Science College had a disappointing year in Cricket. We managed to play only first round against Sree Sankara College Kalady on 22/2/2022 at Sree Sankara Vidyapeedom College ground Perumbavoor. Nirmala Arts and Science College was knocked out of the tournament in the first round by Sree Sankara College Kalady.





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### **3. Chess**

C. S Yedhukrishnan of 1<sup>st</sup> B.com Finance and Taxation participated in chess tournament at SH College Thevara on 18/2/2022 representing Nirmala Arts and Science College. Out of the 5 rounds played he was able to win 2 games for Nirmala Arts and Science College Mulanthuruthy.

