



NIRMALA ARTS AND SCIENCE COLLEGE

(Affiliated to Mahatma Gandhi University, Kottayam)

SPORTS, HEALTH AND YOGA CLUB

ANNUAL SPORTS MEET 2019

Date	:	<i>08th February 2019</i>	
Chief Guest	:	-	
Events Organized	:	<i>Sl. No</i>	<i>Event</i>
		1.	<i>Athletics (Boys & Girls)</i>
		2.	<i>100 m</i>
		3.	<i>200 m</i>
		4.	<i>400 m</i>
		5.	<i>800 m</i>
		6.	<i>1500 m</i>
		7.	<i>4x100 relay</i>
		8.	<i>Javelin</i>
		9.	<i>Discuss</i>
		10.	<i>Shot put</i>
		11.	<i>Games</i>
		12.	<i>Volleyball</i>
		13.	<i>Football</i>
14.	<i>Cricket</i>		
Person in Charge	:	<i>Deepu G</i>	

Brief Report

Nirmala Arts and Science College celebrated Sports Day on 8th February 2019. Prior to the sports day first and second round of various games (Cricket, Football, and Badminton) were conducted during Feb 23 to 25. The sports day was conducted successfully with the support and guidance of Manager Sri George Kuriakose, Dean Prof. Daisy NO, Principal Dr. Geetha CA. The sports Day was coordinated by Physical Education Instructor Desmond Tudu, Sports in charge Assistant Professor Deepu.G, Sports convener Deepak Manu (B. Com Finance and Taxation). Various sports events marked the week-long sporting frenzy. Badminton, cricket, football, chess and caroms saw eager participation from the students. There were also football prediction competitions conducted in the campus for teachers and students alike. The sports day was on 8/2/2019 at Nirmala College ground.



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Major Achievements

1. World Cup Football Winner Prediction

The Sports health and Yoga Club conducted a football World cup prediction contest. The First coupon was received by Desmond Tudu from manager George Kuriakose. The result was announced later by Daisy N O and the winner of the competition was Deepak Mani.

