

**NIRMALA ARTS & SCIENCE COLLEGE,
MULANTHURUTHY**
(Affiliated to MG University, Kottayam)

POST GRADUATE DEPARTMENT OF PSYCHOLOGY

OUTCOME BASED EDUCATION

PROGRAMME OUTCOME, PROGRAMME SPECIFIC OUTCOME AND
COURSE OUTCOMES

PROGRAMME OUTCOMES

PO1: Enable the students to have a comprehensive grasp of psychology to be empowered to apply its principles (understand)

PO2: Utilizing the awareness gained on diverse issues in order to demonstrate empathetic social concerns and foster the ability to engage in lifelong learning. (Apply)

PO3: Extending the realm of knowledge to empower skills for research and pursuing academic or professional paths (understand)

PO4: Building proficiency in problem analysis and its practical application in real-life scenarios. (Create)

PO5: Applying acquired research skills and aptitude to address socially significant issues. (Apply)

PO6: Developing an idea about the latest trends and advancements in the field in order to stay updated and professionalized. (create)

PROGRAMME SPECIFIC OUTCOMES

PSO No.	<i>Expected Programme Specific Outcomes</i> <i>Upon completion of BSc. Psychology, the students will be able to:</i>	Cognitive Level	PO
1	Building an understanding of theoretical concepts and experiments in psychology	U	
2	Constructing advanced knowledge and skills while fostering awareness of the latest developments in the field of psychology	C	
3	Developing proficiency in distinct areas such as clinical psychology, educational psychology and industrial psychology	C	
4	Equipping comprehensive understanding of psychometric tools and assessments.	U	
5	Applying and evaluating diverse psychotherapeutic and treatment approaches in professional setting	Ap	
6	Motivating to pursue careers in various professional domains of psychology	An	

COURSE OUTCOMES

SEMESTER 1

COURSE: PY010101 – COGNITIVE PSYCHOLOGY			
Category: Core	Lecture Hours: 4 Hrs.	Type: Theory	Credits: 4
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO
1	Inferring and interpreting human cognition and contributions of prominent scientist	U	
2	Applying the importance of cognitive process to various daily life issues.	Ap	
3	Constructing and designing psychological experiments and assessments.	Ap	
4.	Extending knowledge of various aspects of cognition.	U	

COURSE: PY010102 –PERSONALITY AND PERSONAL DEVELOPMENT			
Category: Complementary	Lecture Hours: 4 Hrs.	Type: Theory	Credits: 4
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO
1	Analyzing critically the concept of personality and personality development	An	
2	Discovering and assessing different perspectives in personality and traits	An	
3	Applying the study of personality to personality development.	Ap	

COURSE: PY010103 - PSYCHOPATHOLOGY

Category: Complementary	Lecture Hours: 4Hrs	Type: Theory	Credits: 4
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO
1	Analyzing and inferring current research findings and trends relative to the emergence of maladaptive behavior, its description, and the effects of gender and demographics on the occurrence of psychological illness.	An	
2	Developing knowledge of the psychological, biological, and sociocultural theoretical views on abnormal behavior as well as the diagnostic criteria, symptoms, course, incidence, prevalence, etiology, prognosis, and correlates of major mental diseases.	Ap	
3	Building skills to take case history and case formulation	C	

COURSE: PY010104 PSYCHOMETRY

Category: Core	Lecture Hours: 3	Type: Theory	Credits: 4
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO
1	Explain the nature and characteristics of different types of tests and assessments.	U	
2	Demonstrate and construct psychological assessments.	U	
3	Developing skills in analyzing decisions and applying tests	Ap	

COURSE: PY010105 PSYCHOLOGICAL ASSESSMENT				
Category: Core		Lecture Hours: 10	Type: Practical	Credits: 3
CO No.	Expected Course Outcomes <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO	
1	Applying and analyzing the concepts of psychological testing.	Ap		
2	Assessing and evaluating various psychological assessments.	E		
3	Building professional and analytical skills.	C		
4	Interpreting the ethical issues involved in psychometric evaluation, testing and interpretation in day to day life.	U		

SEMESTER 2

COURSE: PY010201 PSYCHOLOGY OF INTELLIGENCE, LEARNING AND MOTIVATION				
Category: Core		Lecture Hours: 4	Type: Theory	Credits: 4
CO No.	Expected Course Outcomes <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO	
1	Analyzing and applying knowledge of learning principles and motivational concepts to enhance academic performance and critical skills.	An		
2	Elaborating different theoretical approaches in intelligence, learning, motivation and emotion.	C		
3	Developing skills to interpret various learning approaches from day to day experience	C		

COURSE: PY010202 HEALTH PSYCHOLOGY

Category: Core	Lecture Hours: 4 Hrs	Type: Theory	Credits: 4
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO
1	Analyzing and critically evaluating basic issues, with a particular focus on promoting health across a wide range of settings	An	
2	Developing theoretical and empirical understanding of healthy behaviour to improve the lives of individuals and groups	Ap	
3	Building an understanding on various relationships of social, biological, behavioural and cognitive variables to health.	C	

COURSE: PY010203 RESEARCH METHODOLOGY

Category: Core	Lecture Hours: 3 Hrs	Type: Theory	Credits: 4
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO
1	Building a foundation on the basics of research methods in Psychology	C	
2	Maximizing knowledge on the importance of scientific research and ethical issues.	C	
3	Applying acquired knowledge in future research endeavours.	Ap	

COURSE: PY010204 POSITIVE PSYCHOLOGY

Category: Core	Lecture Hours: 4 Hrs	Type: Theory	Credits: 4
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO
1	Examining major concepts, approaches and research in the fields of positive psychology	An	
2	Analyzing ways to define and measure happiness, variables that are related to happiness and well-being	An	
3	Formulating Positive Psychology interventions to increase personal well-being.	C	

COURSE: PY010205 FIELD WORK

Category: Core	Lecture Hours: 10 Hrs	Type: Practical	Credits: 2
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO
1	Examining relevant psychological tests.	An	
2	Developing professional and analytic skills in the field of psychological assessment	Ap	
3	Predicting, summarizing and applying the gained theoretical knowledge in professional practice.	C	

SEMESTER 3

COURSE: PY010301 NEUROPSYCHOLOGY			
Category: Core	Lecture Hours: 4 hrs	Type: Theory	Credits: 4
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO
1	Build a knowledge in the fundamental aspect of brain function	C	1
2	Analyse the relationship between brain and behavior	An	1,2
3	Examine the localisation of psychology process and functions	An	1,2

COURSE: PY010302 COUNSELLING			
Category: Complementary	Lecture Hours: 4 Hrs	Type: Theory	Credits: 4
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO
1	Identify the methods utilised in key aspects of counseling	Ap	
2	Develop a knowledge in responsibilities and duties of counselors across diverse environments	Ap	
3	Organize learning and training program in the community levels	Ap	

COURSE: PY010303 COGNITIVE AND BEHAVIORALLY ORIENTED THERAPIES				
Category: Core		Lecture Hours:4 Hrs	Type: Theory	Credits: 4
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO	
1	Analyse the role of learning in the onset of adaptive and maladaptive behaviour	An		
2	Make use of learning principles in real life situations	Ap		

COURSE: PY800301 CLINICAL PSYCHOLOGY AND ASSESSMENT				
Category: Core		Lecture Hours: 3 Hrs	Type: THEORY	Credits: 4
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO	
1	Develop knowledge regarding the discipline of clinical psychology	Ap		
2	Analyze the function of a clinical psychologist	An		
3	Illustrate various categories of psychological evaluation.	U		

COURSE: PY010304 NEUROPSYCHOLOGICAL ASSESSMENT

Category: Core		Lecture Hours: 10 Hrs	Type: Pracical	Credits: 3	
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO		
1	Identify measure and portray alternation in behaviour associated with cognitive function of the brain and to comprehend the circumstances in which neuropsychological consultation is beneficial.	Ap			
2	Construct a thorough evaluation of various cognitive and behavioral domains	U			
3	Apply theoretical knowledge in practical context and to augment the professional competencies of the students	Ap			

COURSE: PY800402 PSYCHOTHERAPY**SEMESTER 4****COURSE: PY010401 CONTEMPORARY SOCIAL ISSUES AND THE ROLE OF PSYCHOLOGY IN SOCIAL ENGINEERING**

SOCIAL ENGINEERING					
Category: Core		Lecture Hours: 5 Hrs	Type: Theory	Credits: 4	
CO No.	Expected Course Outcomes Upon completion of this course, the students will be able to:			Cognitive Level	PSO
1	develop the ability to think critically and empathize with diverse perspectives in order to comprehend and articulate instances of human rights violations.			Ap	
2	identify and examine the social background of individual issues.			Ap	
3	Utilize psychological principles and methodologies to foster and promote social transformation.			Ap	

COURSE: PY010402 TRAINING PROGRAM FOR MENTAL HEALTH PROMOTION

Category: CORE		Lecture Hours: 5 Hrs	Type: Theory	Credits: 4	
CO No.	Expected Course Outcomes Upon completion of this course, the students will be able to:			Cognitive Level	PSO
1	Build the importance of promoting mental health			C	
2	formulate public speaking skills			C	
3	Create and implement an intervention and training program			C	

COURSE: PY800403 SPECIALIZATIONS IN CLINICAL PSYCHOLOGY

Category: ELECTIVE		Lecture Hours: 5 Hrs	Type: THEORY	Credits: 3	
CO No.	Expected Course Outcomes Upon completion of this course, the students will be able to:			Cognitive Level	PSO
1	Explain the scope of clinical psychology			U	
2	Explain the role of clinical psychology in advancing mental health promotion			U	
3	Interpret the intersection of clinical psychology and law			U	

COURSE: PY010403 INTERNSHIP AND CASE STUDY

Category: CORE		Lecture Hours: 10Hrs	Type: PRACTICAL	Credits: 4	
CO No.	Expected Course Outcomes Upon completion of this course, the students will be able to:			Cognitive Level	PSO
1	Developing comprehension of the theoretical concepts through applying it in the real world settings			Ap	
2	Utilizing internships and case studies for student advancement.			Ap	

COURSE: PY010404 Dissertation (project)				
Category: CORE		Lecture Hours:	Type: PRACTICAL	Credits: 2
CO No.	<i>Expected Course Outcomes</i> <i>Upon completion of this course, the students will be able to:</i>	Cognitive Level	PSO	
1	Develop scientific research attitudes in students	Ap		
2	Applying critical thinking ability of student into the research field	Ap		