

NIRMALA
ARTS & SCIENCE COLLEGE
MULANTHURUTHY



JWAALA - WOMEN CELL

ANNUAL REPORT 2020 -2021



NIRMALA ARTS AND SCIENCE COLLEGE

(Affiliated to Mahatma Gandhi University, Kottayam)

JWAALA - WOMEN CELL

BRIEF SUMMARY OF ACTIVITIES

Sl. No	Event	Nature of event	Date	Resource Person	Number Of Participants
1.	Women Cell Inauguration – Expert talk on Adolescent Health	Expert talk	31/12/2020	Dr Jesna K A (Consultant Obstetrician and Gynaecologist and Mission Pink Health Coordinator)	80
2.	Debate – Being a girl child (National Girl Child Day celebration)	Debate	24/01/2021	-	-
3.	International Women’s day celebration - Honouring Womanhood	Honouring	08/03/2021	-	-



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JWAALA - WOMEN CELL

JWAALA – WOMEN CELL INAUGURATION AND EXPERT TALK ON ADOLESCENT HEALTH

Date	: 31 st December 2020
Mode	: Online (Google Meet)
Resource Person	: Dr Jesna K A (Consultant Obstetrician and Gynaecologist and Mission Pink Health Coordinator)
Number of Participants	: 80
Person in Charge	: Sona T M

Brief Report

The inaugural programme of Jwaala the Women Cell of Nirmala Arts and & Science College, Mulanthuruthy was held on 31st December 2020 in the virtual platform of Google meet at 3 pm. Dr Jesna K A, Consultant Obstetrician and Gynaecologist and Mission Pink Health Coordinator, inaugurated the cell. After the inauguration, she took a session on Adolescent Health. The session was really informative and engaging. Students actively participated in the followed interactive session. Principal Dr Geetha C A talked on the relevance of Women's Cell and the role it plays in bringing confidence and developing self-esteem among girls. Dean Prof Daisy N O felicitated the cell reminding the great roles and responsibilities it has to fulfil. There were 80 participants including staff and students. The effective participation and coordination made the event a resounding success.



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Programme Brochure & Images



Resource Person

DR JESNA K A
MBBS DNB
Consultant Obstetrician &
Gynaecologist.
Mission Pink Health Coordinator



NIRMALA ARTS AND SCIENCE COLLEGE

MULANTHURUTHY

Inaugural Ceremony of Women's Cell

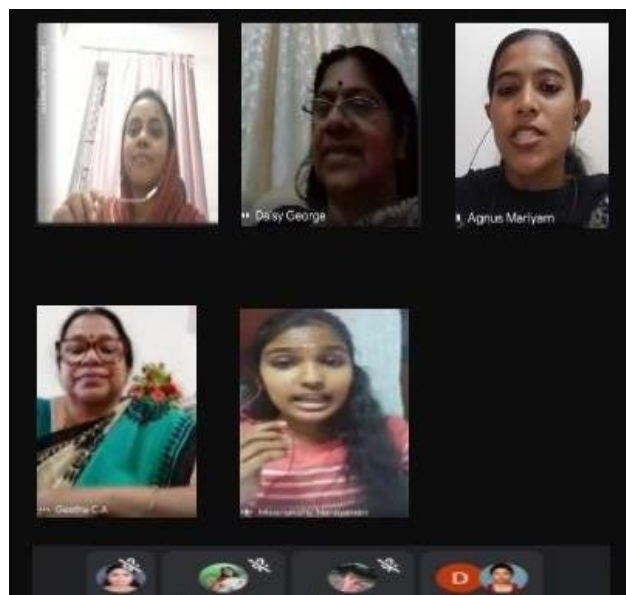


JWAALA & Talk on ADOLESCENT HEALTH on

31st December 2020

Time:3pm. Platform:Gmeet

We welcome all





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List of participants

1	Amrutha K.U	28	Advaita Padmendu	55	Aneena Mary Savi
2	Anagha D.S	29	Akshaya K	56	Sajina M S
3	Anagha V Peringalath	30	Akshaya Raveendran	57	Sonia A S
4	Angel Minnutty Godfer	31	Aleena Rinto	58	Shaharbaan V A
5	Anjana A.R	32	Alphy Rajesh	59	Anna Simon
6	Amrutha K.U	33	Amilah Afreen	60	Ashina Beegum A
7	Devika Haridas	34	Anju Sunil	61	Ashna k.j
8	Devika Subash	35	Asisha C Rajan	62	Elias k aniyam
9	Hima Sunil	36	Gopika S Remanan	63	Farhan subair
10	J Shilpa Nair	37	Adithya V. S	64	Jessil v l
11	Kavya U	38	Advaita Padmendu	65	Jinshad p s
12	Nova James	39	Josna Sajy	66	Joswin george
13	Parvathy K.P	40	Ledgerin Joseph	67	Malavika sajeevan
14	Reshmipriya A.M	41	Merlin P Thomas	68	Abhirami K A
15	Ruchika Tomy	42	Navya V Nair	69	Aiswarya E R
16	Sandra A.S	43	Samna George	70	Aiswarya Vineesh
17	Sandra Zacharia	44	Sethulakshmi Thampi	71	Ashika K M
18	Veena Ullas	45	Sheethal Raj M R	72	Aswathy P K
19	Henna Fathima	46	Shraddha K Raj	73	Aswini N Chandran
20	Adithya V. S	47	Sreekutty K A	74	Giya Geogi
21	Gopika Murukan	48	Surya P S	75	Mariam Erica John
22	Hrithika Biju	49	Anumol K S	76	Rimna T Riyas
23	Jyothika S	50	Anusha P S	77	Rosemary Sabu
24	Malavika M B	51	Archana Shaji	78	Sandra Shibu
25	Niranjana A S	52	Ardra V P	79	Sona Antony
26	Nithya P S	53	Devika Santhosh	80	M B Malavika
27	Rachel Deepak Jacob Thapa	54	Greeshma K R	81	



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DEBATE- BEING A GIRL CHILD

Date : 24th January 2021
Mode : Online (Google Meet)
Resource Person : -
Number of Participants : 80
Person in Charge : Agnus Joy

Brief Report

With the aim of creating a better world for a girl child and protesting against gender discrimination in society, National Girl Child Day was celebrated under the initiative of College Women's Cell, Jwaala, on 24th January 2021. The online event conducted through Google Meet at 4.30 pm received much appreciation. Mrs. Agnus Joy, Asst. Professor, Dept. of English and Women's Cell coordinator, delivered the welcome speech. Principal, Dr. Geetha C A, addressed the gathering sharing her experiences and opinions regarding the importance of girlhood. College Dean Prof. Daisy N O talked about the significance of giving better education to all children irrespective of gender. A debate was organised for the students on the topic being a Girl. Everyone appreciated the active participation of the candidates in the debate. J Shilpa Nair from second BSc Psychology was awarded the best participant prize. Ms. Indulekha P S, student coordinator and first year Psychology student proposed the vote of thanks

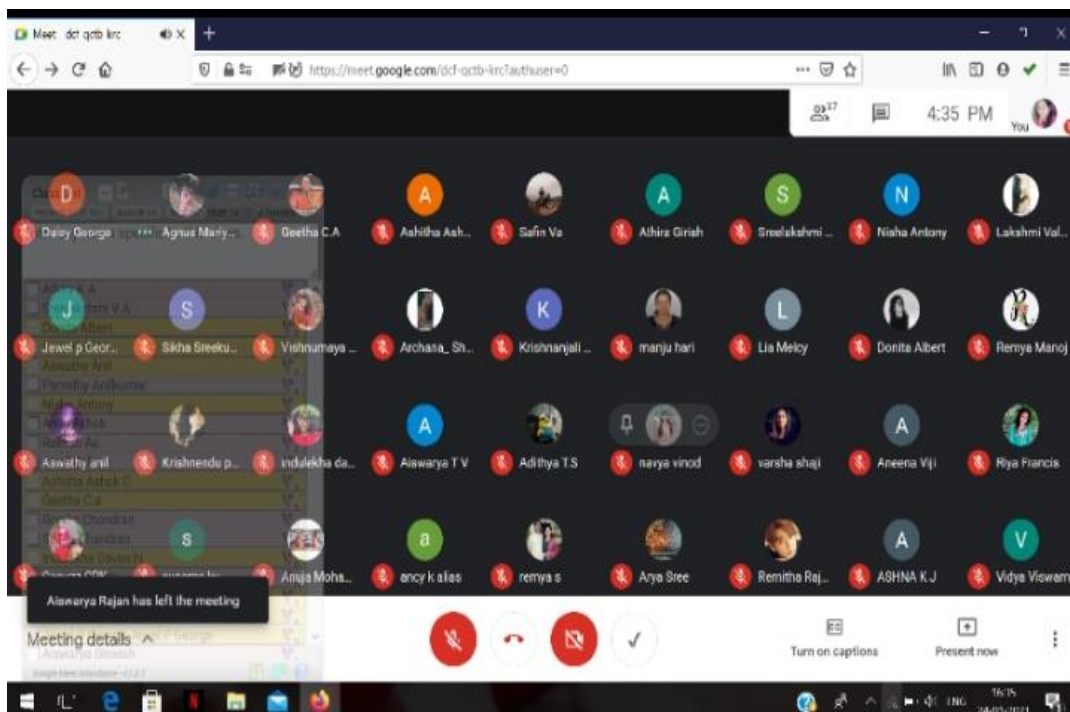


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INTERNATIONAL WOMEN'S DAY – HONOURING WOMANHOOD

Date : 08th March 2021

Venue : Seminar hall

Resource Person : -

Number of Participants : -

Person in Charge : Agnus Joy

Brief Report

International Women's Day was celebrated on 8th March 2021 at 12.30 pm in the college seminar hall. Women's Cell Convener Mrs Agnus Joy delivered the welcome speech. Principal Dr Geetha C A addressed the gathering. Prof Daisy N O shared the Women's Day message. Honouring womanhood was the highlight of the celebration. Jwaala honoured senior women above 60 years associated with the college. 'She deserves better'- a short film on the value of womanhood was screened on the day and received much appreciation. Ashisha Rajan, the student coordinator, expressed Jwaala's gratitude to each and everyone for being part of the celebration.



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