

NIRMALA
ARTS & SCIENCE COLLEGE
MULANTHURUTHY



ANTI-NARCOTIC CELL

ANNUAL REPORT 2018 -2019



NIRMALA ARTS AND SCIENCE COLLEGE

(Affiliated to Mahatma Gandhi University, Kottayam)

ANTI-NARCOTIC CELL

BRIEF SUMMARY OF ACTIVITIES

Sl. No	Event	Nature of event	Date	Resource Person	Number Of Participants
1.	Lahari virudha Sammelanam	Seminar	26/06/2018	Mr. Arun Dev Superintendent of Police, Janamithri Police Station, Mulanthuruthy	-
2.	Group Discussion on Cancer and Lifestyle	Group Discussion	04/02/2019	-	-



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ANTI-NARCOTIC CELL

LEHARI VIRUDHA SAMMELANAM

Date : 26th June 2018
Mode : Auditorium
Resource Person : **Mr. Arun Dev**
Number of Participants : 63
Person in Charge : Remya S

Brief Report

On 26th June 2018, as part of observing International Day Against Drug Abuse, the anti-narcotic cell, in association with Janamithri police station and Janakeeya samara samidhi has conducted a 'lehari virudha sammelanam' at college auditorium. The session was chaired by Mr. Arun Dev, Superintendent of Police, Janamithri Police Station, Mulanthuruthy. He spoke about the necessity of preventing the usage of drugs in the society and also stated the legal consequences of narcotic cases. He motivated the students to take part in activities to prevent the usage of narcotic substances in our society.

Programme Brochure & Images





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GROUP DISCUSSION ON CANCER AND LIFESTYLE

Date : 04th February 2019
Mode : Auditorium
Resource Person : -
Number of Participants : -
Person in Charge : Remya S

Brief Report

A group discussion was organized by the Anti-Narcotics Cell of Nirmala Arts and Science College on 4th February 2019. The theme was 'Cancer and lifestyle'. The group discussion on cancer and lifestyle covered a range of important topics related to cancer prevention and risk reduction. Participants discussed the various factors that can increase a person's risk of developing cancer. The group emphasized the importance of maintaining a healthy diet and engaging in regular exercise as a means of reducing cancer risk. They also discussed the importance of regular cancer screenings and early detection in improving outcomes for those who are diagnosed with cancer. Overall, the group emphasized the importance of taking a proactive approach to cancer prevention by adopting healthy lifestyle habits and being mindful of risk factors.

Programme Brochure & Images

